

1 HOUR • 1 DAY • 1 WEEK



HIGH-LEVEL RESILIENCE CHECKLIST

A simple reflection tool to help identify potential vulnerabilities across operations, workforce capability, and communication during disruption. This checklist is intentionally high level. It highlights where resilience depends on people, communication and decision-making, rather than testing your organisation's full response.



Types of disruption to consider

Choose one disruption type (or a combination) and apply it while working through the 1 hour, 1 day, and 1 week prompts.

Power outage | Cyber incident | Extreme weather | Health pandemic | Supply chain disruption



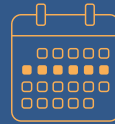
1 HOUR DISRUPTION

- We know which services/functions would be impacted first
- Staff know who makes the first decision(s)
- Escalation routes are clearly understood
- Teams can switch to alternative processes
- We can communicate quickly if normal channels fail
- Customers/guests/public would receive timely updates



1 DAY DISRUPTION

- We know which activities must continue vs pause
- Staff can confidently switch to alternative processes
- Communication remains consistent across shifts and teams
- No single role is a critical point of failure
- Staff wellbeing can be supported under pressure
- Customer or public demand could be managed safely



1 WEEK DISRUPTION

- Core services could be maintained safely for a full week
- We have enough cross-trained staff to rotate cover
- Fatigue or absence could be managed with wellbeing support available and accessible
- Plans for recovery and returning to normal operations are clear
- Critical suppliers and partners are identified

WORKFORCE CAPABILITY CHECKS

- Roles and responsibilities in a disruption are clearly understood
- Teams can adapt confidently when usual routines break down
- Critical skill and role dependencies are known and have cover
- Leaders can provide clear direction under pressure



What this checklist does - and doesn't do

✓ Helps you:

- Identify broad resilience vulnerabilities
- Surface areas of uncertainty
- Understand where resilience depends heavily on workforce capability
- Start internal conversations

✗ Does not replace:

- Scenario-based resilience testing
- Workforce capability assessment
- Real-time decision pathway analysis
- A formal resilience readiness score

Speak to an expert

To gain a full view of your organisation's true readiness - and practical actions to improve it - speak to our experts about our tailored **Scenario Informed Resilience Assessment**.